

## **Detransition: The Elephant in the Room**

### **Make More Noise**

**Manchester 30th November 2019**

*Chaired by Charlie Evans*

*Transcript written by Thomasin Pick*

**Thomasin:** I'm Thomasin. I basically spent about 4 years identifying as trans, through various between male and non-binary identities. Yeah, so I started when I was about 14 and I detransitioned in May this year. I use detransitioned but I never medically transitioned although I came very close and yeah so that's why I'm here.

**Nele:** I'm Nele and I was transgender for 2 years and I recently changed my opinion about that drastically because I realised that it was more based on my eating disorder and other issues behind. And um yeah ... now I am detransitioning and yeah I am here.

**Ellie:** Um, I'm Ellie, I come from Belgium and I'm 20. I identified as trans for about 4 years, I started testosterone when I was 16... um, I got a mastectomy shortly after, and um, about half a year ago I decided to detransition. I realised a lot of things about the reasons why I started transitioning in the first place, and um... that brought me here.

**Livia:** Hi, I'm Livia some of you may know me as 'Satan Herself' on twitter. Thank you... It was supposed to be a stupid joke but it stuck around.

*Charlie Interjects*

**Charlie:** It's really really stuck to the point that it's like... I've lost my mirror ... I've lost my mirror ... where's the mirror ... 'oh satan took it'. Like it's really stuck!

*Charlie hands back to Livia*

**Livia:** I was trans identified for 5 years and I began transition when I was 18, by which I mean I started transition and medical transition when I was 20. I'm 23 now and I regret all of it. And I am here today to talk about it.

**Sookie:** I'm Sookie, I identified as trans for 6 years, and I started my transition at 17 and I stopped this year at 21.

*End of Introductions*

**Charlie:** So, I guess it's one of those things of where do we start ... isn't it. Um, is there anything particularly... you were saying earlier (to Sookie) if there was one thing to get the message across ... I think. Um, did anyone have anything they wanted to make sure that they said before we get into the questions?

**Livia:** I feel like it's really hard to focus on one thing, cause like there's so much on my mind but um the word that's stuck in my mind the most is 'reality'. And uh, there's so much to get into in this topic. But I feel like for me transition was a way to get out of my reality as a homosexual woman. Yeah, I think that's it.

**Nele:** We talked about this I think it's true like social, so yeah social. Something I would like to share is that um dysphoria... gender dysphoria is something that doesn't come from yourself inside yourself, or something that's wrong with you or a mental illness or you are born Transgender, for some magical reason. It is something that is put onto you like society has a big impact on that, it is to be taken seriously. Gender dysphoria is something that, yeah I think that us detransitioners agree that medical transition is not the ideal solution to deal with gender dysphoria.

**Ellie:** I would like to talk as well about the fact that, um often with gender dysphoria it's seen as a problem that's located within the individuals. Um, for a long time I thought that the problem was located within me. That I had to change myself because... um I was feeling bad in my own body and I had to change somehow, and it took me a while to realise that um... actually it was all coming from the outside. Um, and I could fight against that rather than fighting against my own body and myself. And, it's so important to look at the external factors of gender dysphoria and um try to find the best solutions uh for dealing with it when thinking about this.

**Charlie:** What personal experiences can you speak about like from first hand... is there anything like particular story that sticks with you? The massive social pressure, like sexuality etc.

**Ellie:** I guess there are a lot of things, a lot of situations um and it starts from... I remember when I was around 15 I started not wanting to be a woman, I identified as a lesbian at the time and I just couldn't picture myself in the future being a woman and growing up as a lesbian, um into adulthood ... I just couldn't picture it. And... I thought that because I couldn't picture that, that it meant that it was probably meant for me to grow up as a man, and uh I could picture that much easier. So, I guess um this had a big role in the fact that I didn't have any representation of masculine women/masculine lesbians around me and in always feeling in-between somewhere... um yes.

**Nele:** I think that's a good point, also like it kind of came up that it felt like performing something that's not the gender expectations put onto you is incredibly hard in society. Um, like I know I shaved my head and got the comment from my father of 'oh wow you are my daughter not my son' and 'you are never going to get a boyfriend now' and um it's just so much like what I associate with a woman is just not me. Just like so many girls who can't identify with that and I think this has played a big role in the struggle of identifying as a woman because what is a woman? If it's not me from the side of presentation.

**Livia:** I totally agree with that and um... I grew up in a pretty liberal family, where I got told it was okay to be masculine as a girl/woman but I didn't see it in anyone around me. Like yeah a lot of women in my family told me it's ok to be masculine but they were hyper feminine and I didn't know any lesbians especially older lesbians, I knew nobody who I really could relate to and exactly the same way I couldn't imagine growing up as a woman. And... when I found out about transition being possible it just clicked, it just made sense to me that 'oh I can't see a future as a woman but I can see one as a man' and it just felt so right but it's so obvious to me now how much of that is related to just not seeing the version of a woman that I could relate to. And um, it's the same with homosexuality like I was never really aware of how ashamed I was of being a lesbian because I was so supportive of gay people. So, I never thought about the possibility of internalised homophobia because it didn't make sense, that I was supportive of gay people and I can't accept myself? But now the more I think about it I was accepting of the concept of being gay but couldn't imagine what my life would be like as a gay woman. and I feel like that's what so many people are confused about because society is getting more and more progressive on paper but I think for many the lived reality is very different...yeah.

**Charlie:** Sookie, I don't want to put you on the spot because you agreed to do this 30 seconds before ... Sookie can you um relate to this experience in the same way?

**Sookie:** Yeah like, I can't imagine growing up as a woman. It was really about... I was really uncomfortable with my body.

**Charlie:** It's one of those subjects where it makes me sad that it's a shared experience, I was born 10 years earlier than you but also... the amount of women in the audience here who were experiencing this 20 or 30 or 40 or 50 years ago. That this doesn't seem to have changed ... you would think now you know that there would have been this societal progress. Um, so what do we think we should be doing for gender dysphoria, can you point out the moment it went wrong? I know that's an over simplification of a lot of things but what are we messing up the most, what do you think?

**Thomasin:** Um, I think for me personally it was when I got online. Um, I think a lot of people have it pushed online and think 'it's my fault' or whatever... but I think when I got involved in it everything from that ability to go online and find anything I wanted to find, so for me when I was 14 and I was feeling very different and I just wanted to fit in. So, when I went online and saw that possibility, instead of being this thing I was terrified of, which not only was being a woman but also as a lesbian, which I hadn't even been able to say these words because they scared me that much... I didn't think it was possible for me to be those things because it wasn't in my brain. Um, so being able to see these things online basically gave me a way out of that was very reassuring. And yeah so the whole thing about no having any representation around you or seeing it... and people telling you it's okay but not being able to see it in your real life, I think is a bigger problem. I know my mum often said to me 'we never said you couldn't be a lesbian or nonconforming or whatever' but as I said to her it's not about what you said or did. It's the bigger picture but as well I never saw it. So, I just think it's very interesting that we can just get onto the online world or just go and source whatever we want, and I think it's worrying now that kids now are getting it before going online. I think things have changed a lot in the last 4/5 years between when I started and where we are now... so I'm just concerned about that the longer it goes before getting caught, it changes the way you think and it changes your mentality. And I just think it's dangerous, so I think maybe somebody had said at 14 it's okay but not only it's okay but also shown me it's okay. I think there's a lack of support for young girls in general regardless of transition or gender issues... so that's what concerns me the most.

**Nele:** Something I would like to mention is that um, I feel like what's really also the fact of how this entire, um like... how this whole transition has been sold as so progressive , so freeing and good. When really I think the whole thing is just enforcing stereotypes ... maybe this is where we can start changing things and stuff to see that uh, um it's been eye opening for me to see that like all I've been doing is not identifying with stereotypes. And being like so 'okay if I fit the other box'... and this idea that gender identity exists is 'okay if you can't identify as a woman then you aren't a woman' because of the fact I'm female, that makes me a woman. Yeah so I think like something that should change is like just the idea that um gender identity is something that like just identifying as stereotypes and in boxes. And it doesn't change the fact that you are ... you don't need any physical changes to be who you are ... to fit in.

**Livia:** Um, I wanted to add that I don't know the answer to how we can work on this problem, I'm not an expert on this... I don't have a degree in psychology or medicine but I'm an artist. Um, but yesterday I got to spend an amazing day and evening with Nele, Ellie and Charlie and the whole time I just... I just kept thinking where have these women been my whole life? I think it could have prevented so much pain and suffering if I'd had these women in my life. I guess. Cause yesterday evening was just so normal to be a masculine woman. And I have never felt like that ever. Like I said it's so easy To have rainbow stickers in your room... it's easy to say you love being gay and love that but it's really hard to actually live that. And it would do so much good already if we just had more representation of lesbian women...and lesbians.

**Charlie:** I think it has been one of my concerns or things I have noticed that in a generation difference is at least in my day we had lesbian bars. Like we did have all women's spaces and \*bar name\* bar was awful but at least we have some place you can go. Whereas now I feel a lot of stuff is considered exclusively, like you're excluding people by having a lesbian bar or you know. I worry we are sort of losing those spaces because the exact kind of place we could have met... not being on Twitter a decade later ... would have been sort of these all women's spaces. Particularly yeah the lesbians. Um, do you reckon? Bring back lots of lesbian spaces? That would be positive. We didn't really discuss in advance what the boundaries of questions. We got really really carried away with a cat... we were playing with a cat for the evening. Um, so if there's any question, I ask in terms of... I know particularly for you (*to Livia*) things I guess more extreme surgery or the one's that caused the most problems living now. Are you able to talk about that? Or you can tell me to shut up...

**Livia:** I guess I don't know where to start...

*Charlie Interjects*

**Charlie:** I guess maybe sort of like... like I guess what you had done? Why you had it done? And sort of the effects of that.

*Charlie hands back to Livia.*

**Livia:** Well I had a double mastectomy and a hysterectomy, and um ovariectomy... like to remove my ovaries. And um but the reason why I had it done was because I had gender dysphoria and because like I wanted to come as close as possible to having a male body. Even though I didn't have to transition that way... I would never actually get one. But I wanted to get rid of my female aspects of myself. It's really hard for me to talk about this, um I come from a background of having an eating disorder for a really long time. Um, I developed anorexia when I was 15 and um I'm recovered now but honestly I still struggle with thoughts sometimes. Um, it's just so scary to me to realise how similar my anorexic thoughts were to my thoughts about my female body. And um, when I was identified I completely rejected that comparison...um to give an example when I was 16 I was very severely underweight and to the point of nearly dying and I got forced into treatment by my parents, and I remember thinking if I have to gain weight again... I would just rather kill myself because there's no way I can accept myself at a normal weight and there's no way I can accept myself as I was before. I was so dismissive of my life and um in many ways that's how I thought about my body. When I had a hysterectomy I was so convinced I was going to get phalloplasty later and there was like no thought in my mind and I thought even if it causes health problems down the line...I don't care if I die in surgery because there's no way I can live as a woman and there's no way I can live as female. There's no way I can go back to having a body that runs on oestrogen and just the thought process behind it ... being so dismissive of my health and being so focussed on this goal of having the body I wanted. It's just exactly the same and um I often wonder why nobody realised that, no professional... no doctor I talked to about getting surgery. Nobody in my personal life and I don't mean to be overly dramatic cause obviously I'm not dead but I wish someone would have been there to tell me not to get castrated at 21.

**Sookie:** As for surgeries it just doesn't make sense to me that they remove important organs just for an assumption and have to be on artificial hormones.

**Livia:** I am going to be very blunt about this and um it's really important for me to be as polite as possible and as considerate as possible of everyone. Um, I'm going to allow myself to be blunt now... when we started this conversation the word that was important to me was 'reality'. And reality to me is that... a hysterectomy and removal of your ovaries doesn't make you any less female. So, it doesn't make any sense to me why this is called transition or a sex change because it's not it's castration. And um, now that I am trying to care for my health as much as possible. I spent a lot of time on um hysterectomy support sites and message boards for women... for women because only women get hysterectomies... and only women deal with the consequences of a hysterectomy. So, excuse me but what the hell are surgeons doing calling this 'gender reassignment' or 'gender affirming health care'. It's my body but it doesn't feel like that anymore. And um, it's just crazy to me now to talk to so many women who've had hysterectomies and I realise that all of this makes no sense at all and you know even if I would have stopped testosterone there are many women on support groups who didn't want to take oestrogen and only take testosterone because it's what works best for them and their bodies... and that doesn't make them men. It doesn't make them male... it makes them women who've had hysterectomies and now take testosterone. Just what the hell are surgeons doing?

**Charlie:** Um, I to just quickly say for anyone who thought the event finished at 6... it's now 6. So, if anyone needs to disappear it's fine. Um, ok so obviously like um... obviously so talking to the room... when we voice this... when we say this stuff we get called TERFS like a lot. And, we also get told that detransitioners detransition because of um say societal pressures... like people aren't being accepting enough of Trans people. We have never heard this story, I don't think like I've ever heard anyone detrans because they weren't accepted as Trans. Um, talking about the reasons for detransition... what sort of was the process like in terms mentally where did your thinking about it change? Because from what I've seen speaking to detrans women it's not a conscious 'oh ok so being trans wasn't right for me, I'm going to detransition'. It's this whole thing is non-sensical tends to be the realisation, would you say that's accurate?

**Thomasin:** I'll just slowly move this across (microphone)... um, yeah so for me it was um as I say all of last year was when it started to slip. Um, I was identifying as 'Non-binary' for the whole of 2018 and for me that was because I realised that being a man wasn't going to work. Obviously. And, so being 'non-binary' was like 'I don't have to be a woman' which I was terrified of but I don't have to be this male thing... that makes no sense. So, I existed all last year through trying to make it work because I wanted to make it work because I didn't want to face reality. And, um so yeah it was probably about back end of last year/beginning of of this year when I started to realise this just isn't going to work... it doesn't make sense. Um, I had to face up to the fact of liking women. I was a lesbian and I realised that it wasn't going to work that I was identifying as 'non-binary' and I just couldn't smooch the two together and exist like that. I know it makes little sense but I just knew I was a lesbian at that point and I knew that and just didn't want to face it. And, I just had a conversation with my mum one day and this all jut randomly fell out of my mouth... obviously it's not random now looking at it... it was coming. But, I just talked for about 2 hours and I just said all of this stuff about how I felt like I had 2 paths I could go down... I could continue on this 'non-binary' path and make it work... going to get a double mastectomy and later a hysterectomy or I could go down this path of going 'back' to being a woman and thankfully I chose that path. It wasn't an easy path to choose but I am glad I chose it and this is how I ended up here. And, um I won't go into things too much but I went to a talk in Newcastle in June and that was the first time I had immersed in any sort of positivity about being a woman, and it was a very hard decision... sorry I'm just crying at what you were just saying (to Livia) So, yeah that was the first time I ever immersed myself in any positivity around being a woman or being a lesbian... in any sense of the word. So, I am glad I made that decision and obviously I wouldn't be here right now like this... I don't know where I would have been. But another thing actually is it's interesting because I watched that documentary 'trans kids it's time to talk' last year and I posted um a tweet... a facebook post basically saying 'Don't watch this it's full of TERFS... avoid it like the plague' and oh my god I was so angry after watching that...

*Charlie interjects*

**Charlie:** Yeah I did the same thing... going through my facebook posts in case I said anything about Stella.

*Charlie hands back to Thomasin*

**Thomasin:** I did that... and I realise now... thank you actually for that because I think that was a turning point in my brain starting to think 'oh okay there is not any logic in this' and that's obviously last year and so, I have to say thank you even if I did call you (*Stella*) a horrendous TERF.

**Ellie:** Um, it took me a lot of years to um start talking about my medical transition. To allow myself to talk about my transition because when I started transitioning... at the age of 16, I was so convinced that was the right thing for me to do for my body... to feel better overall. And, my parents were against it and I... it took me not that long now I look back at it but uh it it felt like a long time to convince them to let me start transitioning and I felt like it was me against the world, I was fighting against my parents. Uh, trying to explain to my friends why I wanted to do this and I spent all of my time convincing people I need to transition. Then finally it worked and uh I never really allowed myself to thought of it because I was putting so much effort into convincing everyone I was doing the right thing. And, it took me years to finally allow myself to doubt and um it's very hard to talk about it to those friends and to my parents... um and say it was actually not the best thing um for me to do. And, um what slowly made me realise I needed to detransition was when I got into contact with a friend of mine who is in here 60's and she's a radical lesbian... a lot of discussions about it... about the world, about society, about being a lesbian... about being trans and I realised that I agreed so much with her and it didn't make sense to me I transitioned. All of a sudden, I realised that my dysphoria came from the outside and it didn't make sense for me to keep on altering my body. I was concerned about my health for the first time. When I was 16 I never thought of this... I never considered that could be interested in my health. I didn't care but also it became a concern for me. And, um another turning point for me was when I decided to detransition was when I tried to enter lesbian basketball team, I used to play basketball a lot as a teenager and stopped when I started transitioning because of the hormones. And, uh I always wanted to get back... I hated playing the male teams... I never felt comfortable there. Um... so I tried to join this lesbian team and I felt so good there and I looked round me and I felt so good there and I looked up to the other players and then I thought... Why do I feel so good here? Um, cause this is what I wanted... what I needed actually and um all of a sudden I realised that I made the wrong decisions and I don't belong there but I feel like I belong here. If this makes sense, um and in that moment. I changed my body and um being seen as a man doesn't change the fact that I am still a lesbian um... I might be a lesbian who's socially living as male because people see me like this. It doesn't change the fact, um that I grew up as a girl... I'm attracted to women and I am female that makes me a lesbian. And, uh so that was the turning point for me when I decided to detransition.

**Charlie:** How about you? (To Nele) What were your reasons for Detrans?

**Nele:** Um, I was ... so much of the fact that... I just wasn't thinking about that and something that some point I just thought theoretically if I wasn't born transgender why do I want to transition? Why do I experience gender dysphoria? And, I realised that it was related to my eating disorder and um the fact I always have hated my body. Especially when puberty started, I started very early and I learnt that my breasts had to be hidden and suddenly everything started to um... yeah I realised this is also linked to that. And, um gender dysphoria and the way it was similar to the way I hated my body due to my eating disorder. And, um something that was mentioned like being called a TERF... um is that now like back then I dealt with gender dysphoria by therapists and psychiatrists. Gender dysphoria the symptom were exactly the same and I hated my female body and I felt horrible being seen as a woman and I wanted to get rid of my breasts and hips. And, um I am now detransitioned and I have several people telling me I never experienced gender dysphoria... that I just never experienced gender dysphoria... that I just never had this trans experience. We both, Ellie and I, started this project Post Trans... which is a project where we ask detransitioners to tell us their story and we share it. It's representative of detransitioners and to just share their stories very neutral, no judgment. It's insane how many messages we receive of like comments of people saying it wasn't gender dysphoria... I wasn't trans and that's insane because the transgender community still can't decide because if you question your 'gender identity' it's a good sign you are trans or if you experience dysphoria the only thing that will help you is to transition. And several people saying that no it didn't help me, that I was never really trans and trying to push everything into this one narrative and it isn't my experience... where I realised 'hey it doesn't make sense why I had a mastectomy' and uh I have to say I do not regret this decision and it helped me because I was experiencing a lot of hate towards my breasts and now I don't have them anymore... and the hate is gone of course. But... it helped with the symptom and not with the underlying problems and my eating disorder disappeared. Like it's just helping the symptom, um yeah. So, like we have some post cards at the exit with some quotes of stories that have been told to us by detransitioners and um... you can take some with you and also there's a donation box. And... yeah.

**Charlie:** Sort of talking bit along the line of um how social media affected detransitioners or detransitioned women especially. I've noticed that some of us are slightly um... feeling the need to prove stuff? I think, I noticed one of you posted a photo of testosterone after this horrendous 'you were never really taking testosterone' or a hysterectomy something like that. Like I wasn't playing around with gender... it was serious. Um, I guess my question is like how are we... is it important to be fighting this like publicly in this way? To sort of say 'yes we are around' or should we be going medical route... Doctors and a way to record detransition? Or do you think social media is changing perceptions of detrans people?

**Sookie:** Like posting on social media to be honest adds to the conversation. Don't need to hide.

**Livia:** Lately, I've just felt like it's incredibly important to get these stories out. I really never heard of detransitioners or detransitioning and yeah I really thought that with gender dysphoria you cannot regret transition. And, Charlie asked earlier about what made us detransition... for me the biggest reason was that transition simply didn't help me. Um, like I pass as male... I'm treated as male and that felt really really good but when I went back home and could look at myself in the mirror and I still didn't see a man. When I look at my body I realise I'm never. Going to see a male body... I'm never going to see a man's body... so why am I doing this? Like, for me it was a rather slow process of realising that my dysphoria is still here and at the time I thought my only option was to keep going and to just hope that phalloplasty is going to change things for me, even though I was actually researching this horrendous surgery. Um, I realised it would never actually give me a penis but I didn't know there was like anything else I could really do to treat my gender dysphoria. I guess for me it was like, repeating myself all the time, but I thought do I want to keep trying to turn myself into a man even though deep down I don't actually believe it. I know some would call this internalised transphobia and say but 'oh trans men are men' and 'if you get these surgeries you are transitioning to male' but I'm sorry... I just can't believe in it anymore. And, um it took so much energy to say this around other transitioning females and to keep telling myself that I am a man... and it doesn't matter what my body looks like but I realise like if I don't have these people... I'm just going to be stuck with my reality of being female and being a woman. So, why don't I just try accepting that for a change. And... obviously it's really really hard but so is surgery and at least I'm not messing up my health anymore.

**Thomasin:** Um, I was just going to say back on the whole social media thing... I do think it's really important that we have that platform now. Um, I have noticed quite a drastic increase in the amount of detransitioners speaking out... um and I think it's an important stepping stone to be able to get any sort of platform at this point um before we can get anywhere sort of on the medical side of things. So, I think that what we've got at the moment is very useful. And, as much as I've been called a liar... 3 times this week... it's having a voice somewhere so these young... well teenagers really can just see it in general. When they are online because you never know it might spark something... so yeah I just sort of think it's important that we've got that platform at the moment... and take what we've got.

**Ellie:** Um, I think it's so more important to have detransitioners to speak out to counter a narrative that only transition can be helpful to gender dysphoria. Um, because there is this strong narrative that uh if you have gender dysphoria... you need to transition physically otherwise you are probably going to kill yourself and it's putting so much pressure on physical transition. Um, and I can see from experience that I genuinely thought it was the only option for me to continue living. And um I... it just makes me mad to think I was never given the option of accepting my body the way it is... the way it was. I give this option... we take their agency away from their own struggles and that's a real issue. And, um I think people with gender dysphoria deserve much better than this... they deserve much better than experimental treatments and they deserve the chance to accept their body the way they are. And... I think by talking about other detransition experiences um hopefully it's something towards this.



**Charlie:** I think like... I don't know if any of you have the same... something that's interesting here is that teaching or encouraging the acceptance of one's body is considered the 'gay conversion therapy' but mastectomy, hysterectomy and testosterone is considered the 'being your real self'. Is that something you're seeing? Like in general (*to Nele*).

**Nele:** It's like so much... in Germany there's a lot of conversion therapy for homosexuality and um trying to forbid conversion therapy for transgender people. And, um yeah it's like so what what is conversion therapy for trans people? Telling them to not medically transition because I'm quite sure this is what it's going to be like... and it's really dangerous because the law is decisive. Another path to transition when they feel gender dysphoria, so indeed it's quite like yeah.

*Charlie interjects*

**Charlie:** To me at least... I think if there is anything like it is over time it's this... like always seems to be lesbians.

*Charlie hands back to the panel*

**Livia:** Something... I'm going off topic with this but um... something I wanted to add is in my experience it's like surgeons are putting you towards more surgery. At least it's what happened to me... I woke up from my hysterectomy and um the nurse commented on my chest, I had already had my mastectomy at the time but the doctor kind of botched it, um she just asked me like which surgeon I went to and if I wanted a revision done with the surgeon at their hospital. And, when I left um... what's it called in English? Flyer I guess, for a phalloplasty clinic. And um, you know with my mastectomy surgeon... when he asked me when I was going to come back for my like check up appointment he was asking like um maybe... I can make an appointment with the phalloplasty surgeon so I can like combine the two of them. It just expected that I was going to go the whole way and it's incredibly scary to me that, um we are having these invasive surgeries. Like let's not fool ourselves mastectomies are tough... hysterectomies are brutal on the female body. And we're not even like expected to mourn over lost body parts because obviously we hate them. Obviously we should...be happy. You're being encouraged to plan the next surgery. It's just crazy to me now um... now we are living in a time where like body positivity is like all around now... it's very cliché but gender dysphoria is like the opposite of body positivity. Like changing the body... dismissing health. Yeah... that's all I have to say.

*Closing of the panel*

**Charlie:** So like that's basically us done. Like I told you... we'd be up here and it would feel like 5 minutes and feel like we could go on for another week. Um, but is there any sort of final points you'd like to say? Particularly maybe Sookie, is there anything you'd like to add? I think we're going to have to do this again... aren't we!

*One final point from Livia*

**Livia:** I guess what I want to say is... that I don't hate trans men and I don't hate women who hate their female bodies but I hate that young women are getting castrated.

*Panel ends*

**Time: 54 minutes 56 seconds**